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The Granite State Sentinel

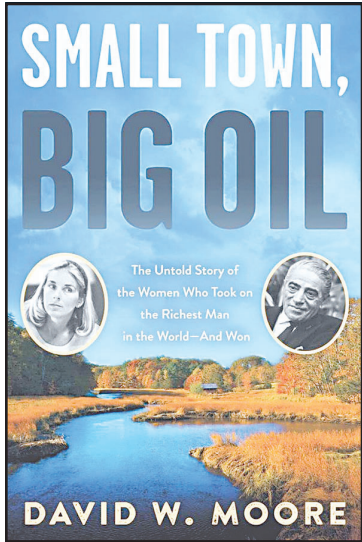
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Friday, April 5, 2024

Volume 16 • Issue No. 2

Book Group Reflects on Environmental Battle for Earth Day



SEACOAST -

This year marks the 50th anniversary of an epic battle in the Great Bay region: In 1974, a small band of determined women spearheaded a fight against Aristotle Onassis, one of the world's wealthiest men at that time, in his quest to build an oil tanker terminal at the Isles of Shoals, an oil refinery in Durham, and a 9-mile pipeline connecting the two through Rye, Portsmouth, and across Great Bay. Had it not been for the courage and persistence of a small band of activists, what we know as the beautiful

seacoast region would have been irrevocably changed.

To commemorate this seminal story of the region and to reflect on its relevance to tackling environmental challenges today, the Great Bay-Piscataqua Waterkeeper and Great Bay Stewards is hosting a regionwide reading of David Moore's gripping book entitled "Small Town, Big Oil: The Untold Story of the Women Who Took on the Richest Man in the World - and Won" (2018). During the month of April, area schools, libraries, book groups, and community members

throughout the Great Bay-Piscataqua region, are encouraged to read and discuss "Small Town, Big Oil" for Earth Day, April 22.

"There are so many reasons to recount and celebrate this 50-year-old story," said Great Bay-Piscataqua Waterkeeper Melissa Paly. "We came very close to losing all that makes the seacoast region such a spectacular place to live, work, and play. This epic battle is an important reminder that special places don't stay special unless people fight for what they love."

Great Bay Book Group organizers offer a discussion guide to help catalyze conversation about what the region would be like had an oil terminal and refinery been built, how activists brought about its defeat 50 years ago, and lessons to address today's environmental challenges. An action tool-kit

is also available to suggest ways people can get involved with the many organizations, issues, and initiatives in the region that keep our waters safe and clean, and the region more sustainable and resilient.

The book group will hold a public book discussion at 3S Artspace, 319 Vaughan St., Portsmouth, on Thursday, April 25, with the author-activists at the center of the battle in the 1970s, and those who are at the forefront today. The event will be moderated by Paly, with panelists that include author David Moore, and activists, Dudley Dudley, Nancy Sandberg, and Meredith Bennett, among others. The event is free but reservations are required at www.3sarts.org/events/287796203898.

Great Bay Book Group is

See *EARTH* on page 3...

Local Author, Historian J. Dennis Robinson at the Lounge

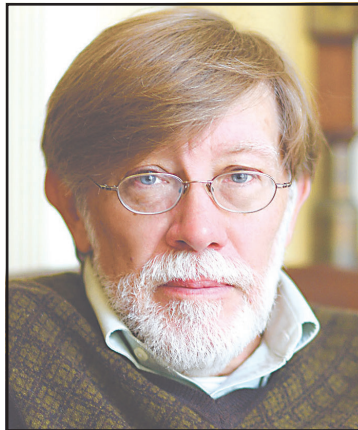
PORTSMOUTH -

Local author and historian J. Dennis Robinson (pictured) will visit the Music Hall Lounge on Wednesday, April 24, with his new book "1623: Pilgrims, Pipe Dreams, Politics & the Founding of New Hampshire." Shrouded in myth, mystery, and misinformation, the true story of New Hampshire's founding family has never been fully told - until now. The 7 p.m. event includes an author conversation with the evening's moderator,

Emerson "Tad" Baker, and an audience Q&A, followed by a post-show meet-and-greet.

Robinson is the author of 16 books about American history and a New England "history mystery" called "Point of Graves." With illustrator Robert Squier, the author created "Portsmouth Time Machine," a graphic history of New Hampshire's seaport for kids of all ages. A popular and sometimes irreverent columnist and lecturer, his most recent illustrated hardcover is "Music Hall: How a City Built a Theater and a Theater Shaped a City," which was voted "Best History Book of 2020" by the Independent Book Publishers Association. His previous book "Mystery on the Isles of Shoals" covers the widely misunderstood case of the infamous 1873 ax murders on Smuttynose Island. His other books focus on privateering, outlaw Jesse James, Strawberry Banke Museum, Isles of Shoals archaeology, Wentworth by the Sea hotel, Lord Baltimore, child labor exploitation, and more.

Baker is a professor of History at Salem State University and has previously served as dean and vice-provost. The



York, ME, resident is the award-winning author of many books including "A Storm of Witchcraft: The Salem Trials" and "The American Experience," and "The Devil of Great Island: Witchcraft and Conflict in Early New England." He has served as an advisor and on-camera expert for numerous television shows, ranging from PBS-TV's "American Experience" and "Colonial House" to TLC's "Who Do You Think You Are?"

The event will be held at the Music Hall Lounge, 131 Congress St., Portsmouth. However tickets can be purchased at www.themusichall.org, 603-436-2400, or the B2W Box Office at the Historic Theater, 28 Chestnut St., Portsmouth.

River Street Closed for Utility Work

DOVER -

River Street is now closed to vehicular and pedestrian traffic as well as public parking, 24-hours per day, as of April 8. The closure also includes a section of sidewalk at the northeastern edge of Henry Law Park and a section of Washington Street from the Makem Bridge. It is anticipated to continue through

at least Labor Day in September. This will allow the installation of a new water main, stormwater drainage, and electrical duct bank related to the waterfront project, as well as completion of other roadway work. Contact the Parking Bureau at 603-516-6132 for parking questions. For more information, contact Community Services at 603-516-6450.



Local Average Tide Chart

Date	High		Low	
	am	pm	am	pm
Sat 13	3:08	3:52	9:29	9:41
Sun 14	4:03	4:51	10:28	10:41
Mon 15	5:02	5:53	11:30	11:45
Tue 16	6:05	6:57		12:34
Wed 17	7:11	7:58	12:52	1:37
Thu 18	8:13	8:52	1:56	2:33
Fri 19	9:08	9:38	2:54	3:21
Sat 20	9:56	10:18	3:42	4:03

Sun Rise Sun Set

Sat 13	6:00	7:24
Sun 14	5:58	7:25
Mon 15	5:57	7:27
Tue 16	5:55	7:28
Wed 17	5:53	7:29
Thu 18	5:52	7:30
Fri 19	5:50	7:31
Sat 20	5:49	7:33

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Health & Fitness
A section concerning your health!

Puzzles
Challenge your brain on our puzzles!

Arts & Entertainment
Check out the creativity in our communities!



~ Arts & Entertainment ~

“Fables in Harmony: A Musical Journey with the Tortoise and the Hare” to Conclude Music Series

PORTSMOUTH -

The Portsmouth Symphony Orchestra's (PSO) "Family Matinees" chamber music series will conclude Saturday, April 27, with "Fables in Harmony: A Musical Journey with the Tortoise and the Hare," at 3 p.m. at St. John's Episcopal Church, 101 Chapel St., Portsmouth.

Audiences are invited to step into a world of enchantment and imagination as the captivat-

ing tale of "The Tortoise and the Hare" intertwines with the timeless story of "The Snow Queen" in a unique format for a string quartet and narrator.

The performance features the PSO String Quartet, which is comprised of Elliott Markow, violin; Ashley Offret, violin; Theresa Cleary, viola; Gary Hodges, cello; and David Ripley, narrator. Ripley, a bass-baritone, has been widely heard in orato-

rio, recital, chamber opera, cabaret, and early and contemporary programs across the U.S. He is an honors graduate of Harvard College and holds a Master of Music degree in vocal performance from the New England Conservatory of Music.

There is a \$15 suggested at-the-door donation per family. PSO season subscribers are admitted at no charge. For more information, visit www.portsmouthsymphony.org.

Morgan Cole Named 2024 NH Poetry Out Loud Champion

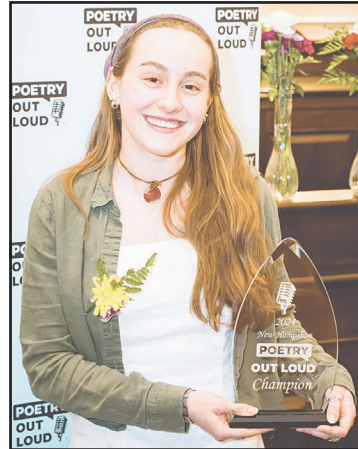
PORTSMOUTH -

The NH State Council on the Arts has announced that Morgan Cole from Portsmouth High School is the winner of the 2024 New Hampshire Poetry Out Loud High School Championship. Cole will represent New Hampshire at the national finals, which are scheduled to take place in Washington DC from April 30 to May 2.

This year, more than 3,000 students from thirty high schools participated in the poetry championship, with classroom competitions taking place in the fall and early winter. High school champions advanced to four semifinals held in February, with the top ten moving on to the statewide finals. Each student recited two poems in the qualifying round; the four students with the highest scores moved onto a final round, where they recited a third poem. Scores from all three rounds were tallied to determine New Hampshire's champion. Recitations are judged on several criteria, including physical presence, voice and articulation, interpretation, evidence of understanding and accuracy, and overall performance.

As state champion, Cole received \$200 and Portsmouth High School received a \$500 stipend for the purchase of poetry books.

Learn more at www.nh.gov/nharts or call 603-271-2789.



Author Michael Tougias to Speak on Extreme Survival

DURHAM -

The Active Retirement Association (ARA) and NH Humanities presents a New York Times bestselling author Michael Tougias, who will give a slide presentation on his book "Extreme Survival: Lessons from Those Who Have Triumphed Against All Odds." The event will be held on Wednesday, May 1, 2-3:30 p.m. at the Durham Evangelical Church, 114 Dover Road (Route 108), Durham.

Tougias uses slides from various survival events to give the audience an edge-of-your-seat experience that also provides helpful techniques that can be applied when faced with adversity. "Extreme Survival" is the culmination of his life's work, compiled from interviews with and research on the toughest survivors over the past three decades.

He has earned critical acclaim and literary awards for his thirty bestselling non-fiction narratives. In 2016 his book "The Finest Hours," a recounting of the U.S. Coast Guard's most daring sea rescue, became a major Disney motion picture that was released in forty-five countries.

This free event is open to the public, made possible by a grant from NH Humanities whose goal is to nurture the joy of learning and inspire community engagement by bringing life-enhancing ideas to the people of New Hampshire. It is also part of the ARA's Memorial Fund Lecture Series, established in 2004 with a grant from the Robert E. Smith family, and is further endowed by membership donations. For more information, visit www.unh.edu/ara or email arainfo1982@gmail.com.

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Visit PeaseGreeters.org or call 603-793-3835.

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~ Arts & Entertainment ~



NHTP Presents “Collected Stories” by Donald Margulies

PORTSMOUTH -

New Hampshire Theatre Project (NHTP) continues to celebrate its 2023-24 season theme of “What’s Your Story?” with its spring production of Donald Margulies’ unforgettable drama “Collected Stories,” a finalist for the Pulitzer Prize in 1997.

Ruth Steiner is a professor and respected short-story author mentoring young writer Lisa Morrison, who bases her first novel on her teacher’s secret affair with the famed poet Delmore Schwartz. Although the two women are fictional, Schwartz is a real person; he and many other famous American writers are referenced through-

out the play.

The conflict between Ruth and Lisa raises deep moral questions about the creative process and artistic responsibility. The nature of story itself is a fascinating subject: Who owns the rights to our personal stories? To our privacy? We hear the term “cultural appropriation” frequently, but how does that relate to “personal appropriation?” Another theme explored in “Collected Stories” is trust and the assumption of responsibilities in a relationship. When does artistic license become a betrayal of friendship?

NHTP will further explore the play’s question, “Who Owns Your Story?” in a Community

DOVER -

The Art Center at 1 Washington St., Suite 1177, Dover, has announced four shows which will run through the end of April: The 2024 Artist-in-Residency

Connectors program following the April 27 performance. Facilitated by Zac Little from Kennebunk Savings Bank, the panel will feature intellectual property attorney Matt Saunders, history writer Dennis Robinson, and science fiction author James Patrick Kelly.

The theater is located at 959 Islington St., Unit 3, Portsmouth. For more information and tickets, visit www.nhtheatreproject.org/onstagenow or call 603-431-6644.

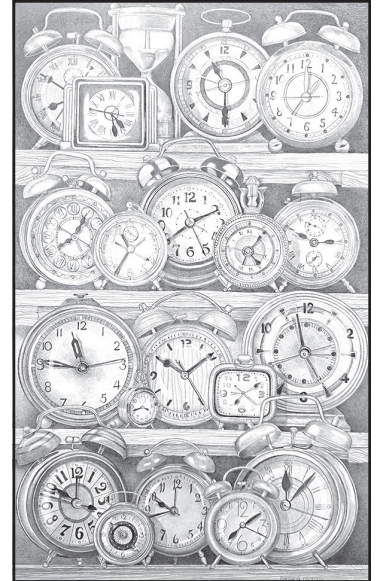
The Art Center Presents Four Shows

Exhibition, Reflections of a Life in Sharp Focus, Nature Walks, and Eccentric Portraiture.

The 2024 Artist-in-Residency Exhibition is a fine-art installation that showcases some of the best work of seasoned and up-and-coming seacoast artists. Artist Pep Manalang, Stacey Hamblett, Kevin Stark, Kerrigan Upton, and Dave Pettengill, each spent four months in the artist-in-residency program to create the body of work that is presented in this impressive collection. The show highlights different styles of printmaking, watercolor, oil painting, and mixed media.

The center is honored to showcase “Reflections of a Life in Sharp Focus” in memory of Graphite Artist Barbara Morse. As a member of the Art Center and the New Hampshire Art Association (NHAA), Morse has displayed artwork in prestigious galleries throughout New England. This exhibit will captivate viewers with its meticulous attention to detail in every graphite drawing (pictured above). A portion of each art sale will be donated to the Barbara Morse Memorial Scholarship established by the NHAA. This scholarship aims to honor her legacy by supporting a deserving high school senior who demonstrates exceptional talent and dedication in art.

“Nature Walks” also calls the Art Center home, exhibiting artwork by Pep Manalang. Inspired by the vibrant Virginia foliage, creeks, and trees, encountered during the fall of 2020,



“Once Upon a Time,” graphite by Barbara Morse.

Manalang’s paintings capture the essence of these natural wonders. They reveal a sense of harmony between geometric precision and the fluidity of nature, as well as the diverse palette of the natural world.

Meanwhile, “Eccentric Portraiture” presents the work of local artist Eddie Langlois. Langlois infuses his artwork with raw honesty and emotion, creating pieces that exude vulnerability. Vintage frames are integral to the presentation, seamlessly intertwining with the artwork. Viewers are invited to delve deeper into the complexities of the human experience.

To view exhibits online, visit www.theartcenteronlinegallery.com. For more information, call 603-978-6702 or visit www.theartcenterdover.com.

“Becoming Black: The Immigrant Experience”

PORTSMOUTH -

The Seacoast African American Culture Center, 10 Middle Street, Portsmouth, is excited to announce the April opening exhibition featuring two acclaimed regional artists – Jozimar Matimano and Becky Field – called “Becoming Black: The Immigrant Experience.” A formal opening reception will be held on Saturday, April 20 at 5:30 p.m.

“Being Black” integrates the work of these two artists – the large-scale paintings depicting the immigrant experience along with the documentary photography chronicling New Hampshire’s cultural diversity. Together they have explored how people of color from all over the world come to be seen



and to see themselves as Black when settling in majority-White America. Becoming part of the region’s multicultural community is not an easy process for immigrants who must find and forge entirely new homes, new jobs, and families of choice. The experiences of self and community through the immigrant

journey radiate from the colorful images in this exhibit.

For more information, visit www.saacnh.org or call 603-430-6027.

... EARTH from page 1

made possible with generous support from the New Hampshire Charitable Foundation and the Rosamond Thaxter Foundation. Business partnership is provided by local independent bookseller RiverRun Bookstore in Portsmouth where “Small Town, Big Oil” is available at a 25% discount. To request a discussion guide and learn more about how to participate, visit www.greatbaystewards.org/book-club/.

The Great Bay-Piscataqua Waterkeeper is a unique role created by the Conservation Law Foundation, to advocate for the Great Bay-Piscataqua estuary. For more information, email mpaly@clf.org, call 603-778-0015 x 317, or visit www.clf.org.

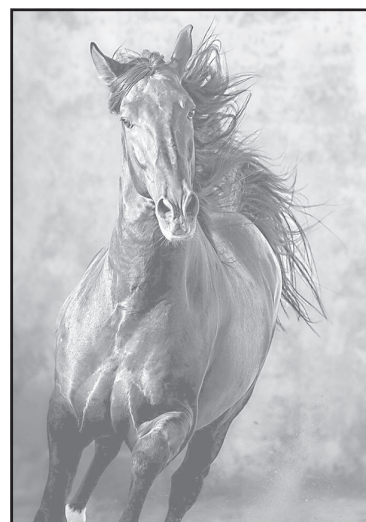
100 Market Gallery New Exhibit Opening with Reception

PORTSMOUTH -

On view from May through July at 100 Market Gallery, 100 Market St., Portsmouth, is a new exhibit featuring a diverse group of six seacoast-area artists, called “Six Artists Converge.” The opening will be celebrated on Friday, May 3, 5-7 p.m. with a wine and cheese reception by the Hundred Club.

The exhibit was curated by Annette Brennan who is also a featured photographer. The other five artists are: Jennifer Pope, Sue Vittner, and Amy Kelly, from the Maine Art Collective; Susan Irene Correia; and Pat Kennedy Corlin. From the live action shots of horses by Correia (pictured above) to photos of the bold and idyllic coast of Maine by Kelly, all the artwork will encourage the viewer to think about the world a little differently.

The gallery is open to the public is free of charge. It is also



“Charging into the Afternoon Light” by Susan Irene Correia.

commission-free and devoted to expanding awareness of the high-caliber of artists and artwork within New England. Visit www.100market.com/gallery for hours of operation. For more information, email abrennan@100market.com or call 207-361-7600.

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SCL Announces New Leadership



PORTSMOUTH -

Seacoast Community Lunch (SCL) announced that Paul J. Collins and Lori Charette have been appointed co-chairs as of January 1. Collins will focus on managing kitchen and culinary matters while Charette will focus on in-house dining and volunteer activities.

Alvin Felgar and Vicki Walters have served as co-chairs of

the organization since its inception in 2018. Walters will continue to volunteer, focusing on fundraising.

SCL serves free healthy meals to food-insecure residents in the seacoast region of New Hampshire and southern Maine. Every Wednesday, lunch is served for free at Middle Street Baptist Church, 18 Court St., Portsmouth, for in-house dining

PORTSMOUTH -

Portsmouth Regional Hospital (PRH) has opened its new radiation oncology service on the hospital's main campus at 333 Borthwick Ave., Portsmouth. The service will provide cancer patients with a complete continuum of care, from diagnosis through medical, surgical, and radiation treatment options, allowing them to stay close to home and their support systems.

"Portsmouth Regional Hospital has always provided radiation consulting services through our partners, but now we are able to provide this com-

prehensive care to our cancer patients right here on our campus," said Dean M. Carucci, CEO of PRH.

The radiation oncology team will provide radiation treatment for a wide range of cancer sites, including breast, lung, gastrointestinal, urological, gynecological, head and neck, and brain, as well as some non-cancerous conditions. They will be able to treat patients



and to-go. The organization has served more than 18,000 lunches since 2018.

For more information, volunteer opportunities, and to donate, visit www.middle.st/lunch, email lunch@middle.st, or call 603-436-2337.

using both external beam radiotherapy and internal (brachytherapy) techniques.

The new suite, located near radiology, has its own entrance to the left of the hospital's main entrance, as well as convenient, designated parking for radiation oncology patients. For more information, visit www.portsmouthhospital.com/specialties/radiation-therapy or call 603-559-4188.

~ Finance & Career ~

Oscar Moreno Named Senior VP, Director of Commercial Banking

STATEWIDE -

Camden National Bank (CNB) recently announced that Oscar Moreno has joined the company as senior vice president, director of commercial banking in New Hampshire. Moreno brings more than 22 years of experience managing sales teams, cultivating new business, and increasing the presence of numerous New England banks.

In his new role, Moreno will leverage his expertise in providing top-notch service and executing strategic growth initiatives to develop and expand services and solutions to New Hampshire's growing commercial market while prioritizing the needs of business owners.

Most recently, Moreno served as the senior vice president, senior commercial loan of-



icer for Rollstone Bank & Trust in Groton, MA. Prior to that, he was the senior vice president, director of business banking and cash management at Northern Bank, and previously held management positions at First Commons Bank, East Boston Savings Bank, and Eastern Bank.

Moreno has a bachelor's degree in business administration and international business from the University of Arizona, earned his master's degree in business administration from Bentley University, and is fluent in both English and Spanish.

He has served on the board of the Junior Achievement of Northern New England since 2019 and is a former member of the Newton-Needham Chamber of Commerce, Newton Rotary, and Association of Latino Professionals in Finance & Accounting (ALPFA). Moreno currently resides in Bedford, with his wife, son, and daughter.

"Oscar has been serving the needs of the business community for more than two decades, and we are pleased to welcome him aboard as we continue to expand our local presence throughout Northern New England," said Ryan Smith, executive vice president, chief credit officer, at CNB.

First Seacoast Bank Designated a Mental Health Friendly Workplace

DOVER -

First Seacoast Bank (FSB) has been newly designated as a Dover Mental Health Alliance (DMHA) "Mental Health Friendly Work Place", the first local bank to move through the process created by the DMHA. FSB is headquartered in Dover, and has served residents, businesses, and nonprofit organizations in the seacoast region of New Hampshire and Southern Maine since 1890.

The staff received Mental

Health First Aid training which teaches people how to recognize and respond to someone who may be in emotional distress. The group also received ACEs (Adverse Childhood Experience) training which dives deep into the neurological, psychological, and physiological impact of trauma and how it relates to our biggest health and social problems, such as substance use, housing insecurity, and mental health.

"As a longstanding local

business, we believe that it is our responsibility to make a positive impact on our employees, customers, and communities," said Cherie Boudreau, FSB Human Resources Administrator. "One of our top priorities is influencing change to make a difference, and I am so incredibly proud of our commitment to education, awareness, and acceptance of mental health challenges and becoming a Mental Health Friendly Workplace."

Suzanne Weete, co-founder of the DMHA stated, "First Seacoast Bank is a leader in our

See *BANK* on page 7...

BankProv Invests \$65K in Agencies for Housing, Workforce, Childcare



Left to right: Patrick Tufts, president and CEO of GUV; Nichole Reimer, chief alignment officer at GUV; Joe Reilly, CEO of BankProv; Anne LaPointe, SVP of customer experience at BankProv; and Joe Kenney, chief lending officer at BankProv.

STATEWIDE -

BankProv has made a generous investment of \$65,000 to local organizations that are addressing housing, workforce, and childcare needs across New Hampshire. Granite United Way (GUW) has partnered with BankProv to distribute this investment to local agencies: NeighborWorks Southern NH (NWSNH), Liberty House, Families in Transition, Granite YMCA, and Building Community in NH.

"BankProv's broader mission is to go beyond financial services and actively engage in initiatives that uplift and empower the community," stated Joe Reilly, co-CEO at BankProv. "We recognize the interconnectedness of our success with the well-being of our community, and we are honored to contribute to the collective effort in creating a brighter, more eq-

uitable future for all."

"The investment BankProv is making to NeighborWorks Southern NH is ensuring we have the ability to continue proven programs and take others to scale," said Robert Tourigny, executive director of NWSNH. "Housing is the cornerstone of a healthy, strong community."

Funds will be invested immediately in programming that assists with securing and supporting sustainable housing, provides transitional housing, and related supports for veterans, emergency sheltering, providing affordable childcare slots to families, as well as case management and employment assistance and job readiness supports. For more information, visit www.graniteuw.org.

BankProv has locations in Bedford, Exeter, Portsmouth, and Seabrook. To learn more, visit www.bankprov.com.

~ Library News ~



Dover Public Library

22nd Annual Dover Public Library Poetry Contest

The final day to submit poems is April 17. The contest is open to seacoast area residents ages 5 and up. Poems will be judged on originality, style, and creativity. Prizes will be awarded in seven different age categories.

Adult Knitting Group

Wednesday, April 17 at 9:30-11:30 a.m. Knitters and crocheters are invited to the library's Makerspace with their projects for an in-person crafting circle. All levels are welcome.

Family Story Time

Wednesday, April 17 at 10 a.m. Children of all ages with caregivers are invited to attend this program which includes stories, finger-plays, songs, and puppets.

Caregiver Cafe

Wednesday, April 17 at 10:30 a.m. Join Cornerstone VNA at the monthly Caregiver Café to support Dover-area family caregivers.

All Abilities Club: LEGOs

Wednesday, April 17 at 11 a.m. Adults with disabilities can join in building with LEGOs. Try one of the challenges provided or use your imagination.

Family Game Night

Wednesday, April 17, 6-8 p.m. Play a fun selection of card and board games, or bring your own, and meet other board game enthusiasts.

Chess Group

Wednesday, April 17 & 24, 6:30-8 p.m. Adults and teens are invited to drop into the Trustees Room to play a game and meet other folks interested in all things chess. Bring a chess set if you have one!

Arts & Crafts Story Time

Thursday, April 18 at 11 a.m. For children ages 3-6 who are ready to attend story time independently, without a caregiver. Each session will focus on a different theme, and include books, songs, rhymes, and an art activity. Registration required.

Multilingual Book Club

Thursday, April 18 at 4 p.m. Educators from the UNH Community Literacy Center will lead this group, which will feature a different language each week. There will also be an art activity based on the theme. This program is geared

towards families of children in grades K-3.

Visible Mending Workshop

Thursday, April 18 at 6 p.m. and Saturday, April 20 at 10 a.m. Learn to repair clothes with visible mending. This decorative repair technique is a fun way to embellish clothing and make it last longer. We'll talk about fabric repair, sashiko stitching, and woven patches. Suitable for beginners aged 10 and up. Bring a garment to mend. All other supplies will be provided.

Meaningful Conversations

Saturday, April 20 & 27 at 10 a.m. in the Trustees Room. Meaningful conversations is a personally satisfying experience and can bring people together in friendship. These weekly conversations, focused on such topics as "The Arts as Inspiration," "Healing Racism," and "Mind Full or Mindful?" began during the pandemic as part of a national initiative to bring people together in conversation about moral and social matters.

LEGO Club

Saturday, April 20 at 2 p.m. Kids ages 5 and up can work on a specific challenge-of-the-day or build their own creations. On Wednesday, April 24 at 10 a.m. they can enjoy a special make-and-take vacation edition!

Vacation Week Family Story Time

On Monday, April 22 at 10 a.m. in the Lecture Hall. This will be a special Earth Day story time, inviting all ages, that will explore our planet with books, songs, and an activity. No registration is required.

Hooked Rug Repair Class

On Monday, April 22 at 1 p.m. Learn how to repair hooked rugs. Bring in your own rug that you or just come to take notes on the process. Some repair supplies will be provided.

Movie Marathon

On Monday, April 22 at 4 p.m. in the Lecture Hall, teens in grades 6-12 are invited for a movie marathon featuring some early 2000s throwbacks. Drop in for one movie or two! Pizza, snacks, and drinks will be provided.

Quiet Time: For Parents and Caregivers of Young Children

On Monday, April 22 at 6 p.m. in the Trustees Room, parents and caregivers of young children are invited to this relaxed, open-forum,

community group. Discuss a variety of topics, from navigating childcare to going back to work.

Dungeons and Dragons: 18-and-Older Group

On Tuesday, April 23, 6-8 p.m. in the Trustees Room. The 18-and-older group is for new and veteran role-playing gamers to join for adventure, strategy, and imagination.

Elementary Exploration

On Tuesday, April 23 at 3:30 p.m., kids in grades K-4 are invited to join in an after-school fun and engaging STEM experiment! This month we are working on a unique building challenge! Registration required.

All Abilities Club: Music

On Wednesday, April 24 at 11 a.m., adults with disabilities are invited for a lively sing-along to favorite tunes.

Get Lit Book Club

Wednesday, April 24 at 6:30 p.m. at Chapel & Main, 83 Main St., Dover, to discuss "Klara and the Sun" by Kazuo Ishiguro.

Piece-by-Piece Puzzle Group

On Thursday, April 25, 10 a.m. - 12 p.m. in the Trustee's Room. We will have a 1,000-piece puzzle out for cooperative puzzling. Come to relax and chat with fellow puzzlers! Crafter Morning: Paint a Tote Bag On Thursday, April 25 at 11 a.m. in the Lecture Hall, kids in kindergarten and up are invited to paint a tote bag. Please pre-register.

Create A Foam Squish Toy

On Thursday, April 25 at 2 p.m., teens in grades 6-12 are invited to design and create their own foam squish toy. Registration is requested.

Cocheco River Writers

On Thursday, April 25, 6:30-8:30 p.m. Discuss ideas, tips, and work with others in a low-key, inviting atmosphere.

Dover Shockwave Robotics Demo

On Saturday, April 27 at 11 a.m. in the Lecture Hall. Check out a special demonstration by the students of Dover Shockwave Robotics who will be showcasing their 2024 competition robot with demos, hands-on participation, and a Q&A session. Best suited for elementary school age and up. No registration required.

Silent Reading Group

On Sunday, April 28 at 2 p.m. No

Lane Memorial Library Receives Grant for Library-By-Mail Program

HAMPTON -

Lane Memorial Library has been selected to participate in "Libraries Transforming Communities: Accessible Small and Rural Communities," an American Library Association (ALA) initiative that provides community engagement and accessibility resources to small and rural libraries to help them better serve people with disabilities. The competitive award comes with a \$10,000 grant that will help the library establish a library-by-mail program to serve Hampton residents who cannot reach the library, especially those with disabilities, mobility challenges, or lack of transportation.

"We have been longing to add this type of service for years. I can think of many patrons, past and present, who could benefit from short-term and long-term library by mail service," said Library Director Amanda Reynolds Cooper.

assigned reading, no expectations, and no rules! Share light discussion on the book you brought and enjoy the quiet, productive space of the library.

Big Kids Story Time

On Monday, April 29 at 4 p.m., kids in grades K-2 are invited to story time with more in-depth, challenging picture books, followed by a craft. Registration is required.

Friends of the Dover Public Library May Book Sale

The Friends of the Dover Public Library are having a book sale May 3-5 in the Lecture Hall. All leftovers will be free on Monday, May 6. Hours are Friday-Saturday 9 a.m. - 5 p.m., and Sunday 1-5 p.m. There will be hundreds of items for sale! Cash, checks, and Square accepted.

For More Information

Call the library at 603-516-6050 or visit <http://library.dover.nh.gov>.

North Hampton Public Library

As part of the grant, library staff will take an online course on how to lead conversations, a skill vital to library work today. Staff will then host a conversation with residents about the new library-by-mail program and use the grant funds to purchase mailing and marketing material, as well as ongoing postage fees.

For residents with disabilities, illnesses, or lack of transportation, adding the library to their already tenuous schedules can be a challenge. The new library-by-mail program will allow them to use the library as a community connection without having to make it to the physical building.

"Libraries Transforming Communities: Accessible Small and Rural Communities" is an initiative of the ALA in collaboration with the Association for Rural and Small Libraries. For more information and to get involved, email Julia Verbanic at julia@hampton.lib.nh.us.

Preschool Story Time

Wednesday, April 17 and Tuesday, April 30 at 10 a.m. Geared toward children ages 3-4, but all are welcome.

Baby Time

Friday, April 19 at 10 a.m. Stories, songs, and open play! For newborn children through 36 months and their caregivers.

Play, Learn, and Grow

Saturday, April 20, 10-11 a.m. in the Program Room. This program is just for families of young children from infancy to preschool! Enjoy a play space, toys, and activities designed specifically with them in mind. Parents will enjoy the opportunity to interact with other parents and meet informally with specialists in child development. Registration is required.

Button Pin Making

Monday, April 22, 1-2 p.m. in the Program Room. Make button pins

See NHPL on page 6...

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C	Y	P	R	U	S	D	A	I	S	E	S		
O	U	T	L	I	N	E	A	N	T	I	B	E	S
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7	6	2	5	3	8	9	4	1
8	2	6	9	7	3	4	1	5
3	1	7	4	8	5	6	9	2
4	5	9	2	1	6	7	3	8
2	7	8	3	4	1	5	6	9
5	9	1	6	2	7	3	8	4
6	3	4	8	5	9	1	2	7



~ News ~

NH Arts Council Funding Available

STATEWIDE -

The NH State Council on the Arts (NHSCA) recently announced that it is accepting applications for several separate grant programs that will provide funding to artists, arts organizations, and municipalities, wishing to strengthen arts in their communities. Arts education, art in healthcare settings, and traditional arts, are just some of the categories that are eligible for support.

“As recently as a decade ago, people were beginning to really comprehend the impact that the arts have on local economies, something that continues to be proven through statistical analysis,” said Adele Bauman, director of the NHSCA. “Today, there’s also a greater understanding of how the arts affect us as individuals and as communities, not only when we experience art created by others, but also when we tap into our own creativity to become physically and emotionally stronger and more vibrant.”

More than \$750,000 is available across the following grant programs:

Artist in Residence grants provide funding to bring juried teaching artists into classrooms and public schools to support creative learning. Deadline to apply is April 19.

Arts in Health Project grants support arts experiences and artist residencies in health-based settings as well as arts activities that deepen public health awareness and practice in New Hampshire communities. Deadline to apply is May 3.

Conservation License Plate grants fund the conservation of publicly owned artworks, artistic elements of publicly owned facilities, and improving public access to significant artwork and arts programming. Letter of intent deadline is May 3. Full application deadline is June 21.

Traditional Arts Apprenticeship grants fund a master traditional artist to teach a qualified apprentice in one-on-one sessions over a period of six to ten months. Deadline to apply is June 14.

Arts for Community Engagement grants support ac-

cessible arts presentations and activities that promote community engagement, stimulate local economies, attract visitors, and enhance the vibrancy of New Hampshire communities. Deadline to apply is June 28.

Folklife and Traditional Arts Project grants support projects that focus on presenting and preserving folklife and traditional arts in New Hampshire. Deadline to apply is June 28.

Artist Entrepreneurial grants support the development of artists’ business skills, increase the level and quality of their work, and bring that work to the widest possible markets. Deadline to apply is quarterly on May 3, August 2, November 1, 2024, and February 7, 2025.

For more information, visit www.nh.gov/nharts or call 603-271-2789.

... NHPL from page 5

with an Earth Day theme! Ages 6+ and adults welcome. Registration is required.

Process Art Painting
Tuesday, April 23, 10-11 a.m. at the Creation Station. We will be using a variety of materials with paint to see the effects they create. Ages 5+. Registration is required.

Tutu-Making Workshop
Wednesday, April 24, 10-11 a.m. Geared toward ages 2-13. Children under 6 must have a parent stay with them to help make their tutu. Registration is required.

Make a T-Shirt into a Bag
Thursday, April 25, 1-2 p.m. Bring a t-shirt to make it into a bag with no sewing required! Ages 8+ and adults welcome. Registration is required.

Hooked on Books Club
Thursday, April 25, 2-3 p.m. and 6-7 p.m.

Black Out Poetry Workshop
Friday, April 26, 1-2 p.m. Learn

about Black Out Poetry and make some of your own. Ages 10+ and adults welcome. Registration is required.

Needle Felted Froggy Hoop
Saturday, April 27, 1-2 p.m. Learn how to needle felt a friendly froggy face. Get creative and add accessories to your frog like a hat, bow, or mustache. Ages 8+ and adults welcome. Registration is required.

Maker Mondays
Monday, April 29 at 3 p.m. Participate in fun crafts, STEAM activities, and challenges. For ages 5+.

Twentime
Tuesday, April 30 at 3 p.m. Students in grades 4-7 gather for crafts, games, maker challenges, and so much more. Registration is not required.

Be Well Book Club
Monday, May 6 at 2 p.m. with “Braiding Sweetgrass” by Robin Wall Kimmerer. Registration is not required.

For More Information
Call the library at 603-964-6326 or visit www.nhplib.org.

NDDF Grants \$5,000 to Community Partners Delta Care Fund

DOVER -

Community Partners, Strafford County’s Community Mental Health Center, Family Support Center, Developmental Services Provider for Region 9, and ServiceLink provider, was awarded a \$5,000 grant from the Northeast Delta Dental Foundation (NDDF). This dental fund

will be used by Community Partners clients for preventative and necessary dental care not covered by insurance.

Chris Kozak, Community Partners CEO said, “The high costs of dental care are often out of reach for our clients or exceed the new Medicaid benefit. Poor dental hygiene affects their lives

in a multitude of ways including pain, self-consciousness, insecurity, discrimination, how they interact with the public, and sometimes, their job prospects. Poor oral health makes their challenges and disabilities in everyday life and in job searching that much harder due to the stigmas associated with their

disabilities. The Dental Fund provides opportunities for these clients to get routine, preventative and restorative dental care to eliminate their pain and give them the ability and confidence to pursue their goals.”

For more information, visit www.communitypartnersnh.org and www.nedelta.com.

~ Puzzles ~

CLUES ACROSS

- 1. Island nation
- 7. Platforms
- 13. Project plan
- 14. French fishing port
- 16. South Dakota
- 17. Oakland’s baseball team
- 19. Military policeman
- 20. Ornamental stone
- 22. Garland
- 23. Process that produces am-
monia
- 25. Mousses
- 26. Music notation “dal ___”

- 28. Fail to win
- 29. Peyton’s little brother
- 30. Not near
- 31. Some cars still need it
- 33. Lizard genus
- 34. An idiot (Brit.)
- 36. Postponed
- 38. African country
- 40. Gazes unpleasantly
- 41. In a way, traveled
- 43. Ukraine’s capital
- 44. Appropriate
- 45. Dash
- 47. Twitch

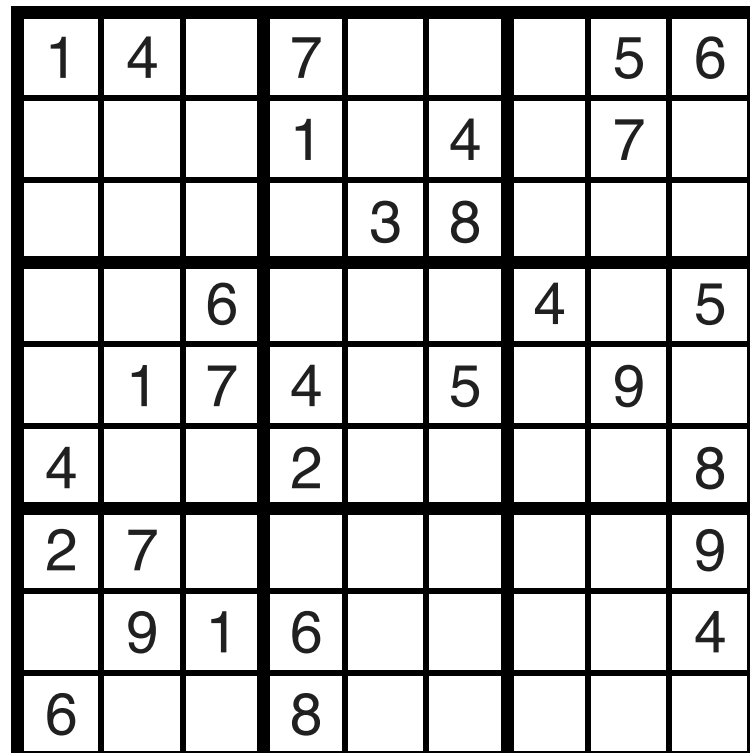
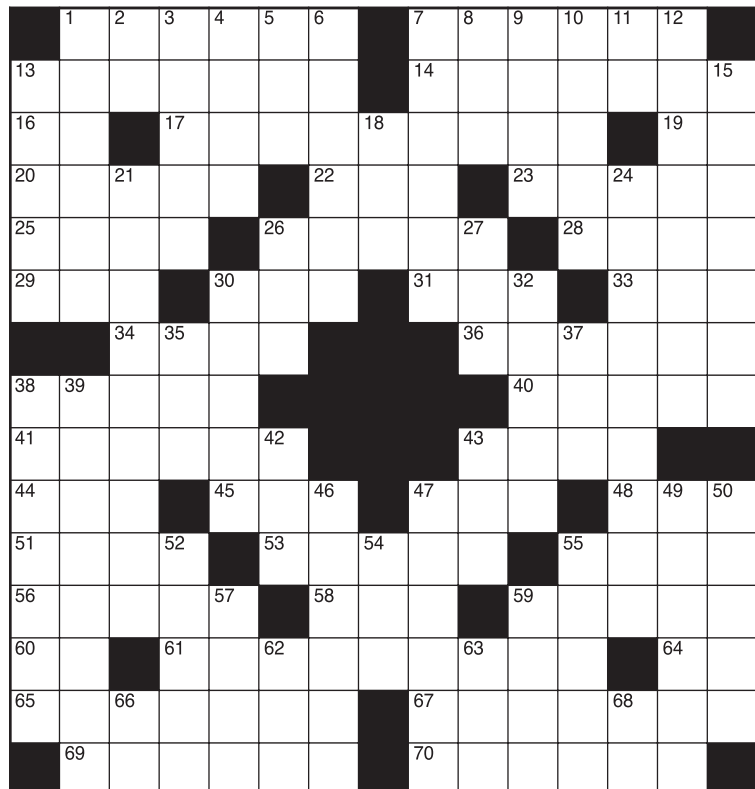
- 48. Swiss river
- 51. Data file with computer
animations
- 53. City in S. Korea
- 55. Particular region
- 56. They have eyes and noses
- 58. Tear
- 59. Large Madagascan lemur
- 60. Not out
- 61. Ornamental saddle covering
- 64. A driver’s license is one
- 65. Latin term for charity
- 67. Rechristens
- 69. Objects from an earlier time

- 70. Hindu male religious teach-
ers

CLUES DOWN

- 1. Used as a weapon
- 2. Yukon Territory
- 3. Makes a map of
- 4. An established ceremony
prescribed by a religion
- 5. Unnilhexium
- 6. Merchant
- 7. Playing the field
- 8. Folk singer DiFranco
- 9. Something to scratch

- 10. Mexican agave
- 11. Equal to one quintillion
bytes
- 12. Session
- 13. North American people
- 15. Ranches
- 18. Electroencephalograph
- 21. A type of compound
- 24. Avenue
- 26. High schoolers’ test
- 27. A type of meal
- 30. Gradually disappeared
- 32. Ancient Frankish law code
- 35. Popular pickup truck
- 37. Buzzing insect
- 38. Deal illegally
- 39. Lying in the same plane
- 42. Obstruct
- 43. Related
- 46. Challenge aggressively
- 47. Nocturnal hoofed animals
- 49. Bird’s nests
- 50. Forays
- 52. ___ B. de Mille, filmmaker
- 54. Title of respect
- 55. One-time name of Vietnam
- 57. Self-immolation by fire
ritual
- 59. Private school in New York
- 62. Political action committee
- 63. A way to fashion
- 66. Email reply
- 68. “The Great Lake State”



Level: Beginner

**ANSWERS TO THIS
WEEK’S PUZZLES
ARE ON PAGE 5**

~ Calendar of Events ~



April

Seacoast Village Project: April Beneficiaries

The Seacoast Village Project has been selected by The Fabulous Find, a nonprofit resale boutique at 139 State Road, Kittery, ME, as one of the beneficiaries for the month of April. Those wishing to support them are encouraged to shop or donate resaleable merchandise until April 28. FMI: www.thefabulousfind.org and www.seacoastvillageproject.org.

Wednesday, April 17

Fundraiser for Best Buddies NH

7-10 a.m. at Stroll Café, 15 Portwalk Place, Portsmouth. 20% of purchases will go to support Best Buddies NH, a non-profit that offers one-to-one friendship and leadership development programs for individuals with and without intellectual and developmental disabilities in New Hampshire. FMI: www.bestbuddies.org/newhampshire/.

Tree Planting Workshop

5-7 p.m. at Joe B. Parks Riverwalk Public Garden, between 400 Central Ave. and Chestnut St., Dover. NH Division of Forests and Lands staff will educate the public about proper tree planting, including selecting the right tree, improving young tree survival, and pruning. Free, no registration necessary. FMI: 603-817-1843 or fischerelizbeth17@gmail.com.

Cribbage for a Cause

6:30-9 p.m. every Wednesday at WHYM Craft Pub & Brewery, 853 Lafayette Rd., Hampton, benefiting the Annie's Angels Memorial Fund. \$10 per person. FMI: www.anniesangels.org or 603-686-4224.

Friday, April 19 – Sunday, April 21

“Ordinary Days” Performance

At 3S Artspace, 319 Vaughan St., Portsmouth. On the bustling streets of NYC, four average New Yorkers lives end up unexpectedly entwined as they realize that an ordinary event can have extraordinary effects. See website for times. FMI: 603-766-3330 or www.3sarts.org.

Friday, April 19 – Sunday, April 28

“Tragedie of Macbeth” Performance

At the Players' Ring, 105 Marcy St., Portsmouth. Experience the second stage of a drum-beating, hair-raising, blood-pumping, two-

faceted production of Shakespeare's "Tragedie of Macbeth." FMI: www.playersring.org or 603-436-8123.

Saturday, April 20

Earth Day Play Sessions

9 a.m. - 12 p.m. or 1-4 p.m. at the Children's Museum of New Hampshire, 6 Washington St., Dover. Earth-friendly crafts, a scavenger hunt, and spring themed drop-in activities, all included with museum admission. To reserve and FMI: 603-742-2002 or www.childrens-museum.org.

Dover Day at Woodman Museum

10 a.m. - 4 p.m. at Woodman Museum, 182 Central Ave., Dover. Celebrate the Dover community during this free open house including a meet-and-greet with "Woody" the Woodman Polar Bear, Red's Good Vibe food truck, a Twenty-One Senses Calm play area, and more. FMI: 603-742-1038 or www.woodmanmuseum.org.

Abenaki Heritage Beading Workshop

1-3 p.m. at Strawberry Banke Museum, 14 Hancock St., Portsmouth. This event explores the artistry and cultural significance of Abenaki beadwork. Led by Anne Jennison, who is listed on the New Hampshire State Council on the Arts Traditional Artists Roster as a Native American storyteller and craftsman, participants will create a beaded medallion or earrings on birch bark to take home. For pricing and registration: www.strawberrybanke.org or 603-433-1100.

Wednesday, April 24

Banff Centre Mountain Film Festival

7 p.m. at Rochester Opera House, 31 Wakefield St., Rochester. Travel to breathtaking destinations, embark on daring expeditions, and celebrate the most remarkable outdoor achievements – all from the comfort of your seat. For ticket pricing and FMI: www.rochesteroperahouse.com or 603-335-1992.

Thursday, April 25

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Great Bay Book Group

7 p.m. at 3S Artspace, 319 Vaughan St., Portsmouth. Join the Great Bay-Piscataqua Waterkeeper and Great Bay Stewards for a book group discussion with David W. Moore, author of "Small Town, Big Oil: The Untold Story of the Women Who Took on the Richest Man in the World – And Won," as well as activists at the center of the story in the 1970s, and experts in environmental advocacy in our region today. FMI: 603-766-3330 or www.3sarts.org.

Saturday, April 27

Spring Celebration with Seacoast Eat Local

12-3 p.m. at Throwback Brewery, 7 Hobbs Rd., North Hampton. Kick off the growing season with live music, local food and drink, and activities for all ages. Complete a checklist to be entered to win a prize! Free and open to the public. FMI: www.seacoasteatlocal.org or 603-241-4400.

Saturday, April 27 – Sunday, May 5

Baby Animals: Heritage Breeds at the Banke

10 a.m. - 4 p.m. at Strawberry Banke Museum, 14 Hancock St., Portsmouth. The week-long event will feature more than a dozen heritage-breed animals that would have been typical on coastal northern New England farms from the 17th century to the present day. Held rain or shine outdoors under a tent, guest curator Peter Cook and expert breeders from New England farms will share stories and answer visitors' questions about rare breeds, their unique characteristics, special care, and their importance in today's world. Petting will not be allowed for the animals' and visitors' health and safety. Visitors can also witness live honey extraction demonstrations on Sundays, April 28 and May 5, courtesy of Dan Smith,

restoration assistant and museum beekeeper. The demos and taste-testing will occur in the lecture hall in the Lawrence J. Yerdon Visitor Center, 11 a.m. to 2 p.m. Starting April 27, the museum has also announced that the historic houses, exhibits, and heirloom gardens, will be open for touring during the event. FMI: www.strawberrybanke.org or 603-433-1100.

Sunday, April 28

Benefit Fashion Show & Silent Auction

2 p.m. at Wentworth by the Sea Country Club, 60 Wentworth Rd., Rye. My Breast Cancer Support's highly-anticipated event encourages all to clean out closets! Bring gently-worn shoes to donate to the Shoe Drive onsite. FMI: www.mybreastcancersupport.org or 603-759-5640.

Wednesday, May 1

“Varietopia” Show

8 p.m. at 3S Artspace, 319 Vaughan St., Portsmouth. "Varietopia" is a modern variety show featuring contemporary comedy, music, and other forms of live entertainment, hosted by comedian Paul F. Tompkins. FMI: 603-766-3330 or www.3sarts.org.

Saturday, May 4

Time For Joy Fellowship

First Saturday of every month at the First United Methodist Church, 129 Miller Ave., Portsmouth. 8:30-9 a.m. complimentary fruit, pastries, and coffee. 9-10 a.m. Speaker and/or discussion. FMI: www.igotbridged.com or 1-866-274-3433.

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... BANK from page 4

community in so many ways, in particular for making the commitment to support the mental health and wellbeing of their staff and clients. Employee assistance programs are an important part of an employee benefit package, but when your coworkers are equipped to be that first line of support to someone in emotional distress, it sets up an environment that accepts mental health challenges as a health challenge, therefore allowing people to feel empowered to get help without feeling shame or discrimination in the workplace."

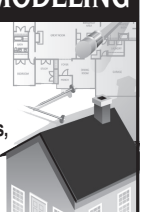
For more information, visit www.firstseacoastbank.com and www.dovermentalhealthalliance.org.

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WAITRESS
MAY 9 - JUN 8

Save the Date! May 4

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